

## SWARKESTONE SAILING CLUB

**ENTRANCE LOCATED 140 YARDS DOWN INGLEBY LANE AFTER CROSSING RIVER BY THE CREWE AND HARPER PUBLIC HOUSE**



The course for **RYA level 1 & 2** will commence on **Thursday 3<sup>rd</sup> September at 7:30 pm** for enrolment and Q and A. The course will start on **Saturday 5<sup>th</sup> April 10am-4pm** and last for 4 consecutive Saturdays finishing on **Saturday 26<sup>th</sup> September**. In addition to this there will be a provisional catch up on **Thursday 24<sup>th</sup> September** and **Saturday 3<sup>rd</sup> October**

RYA Certificates of Proficiency will be given to course members who qualify. There is a minimum age of **16 years**. **To complete the course you must be able to commit to the full 4 weeks.**

No previous sailing experience is necessary as this course is designed to give basic training to handle a sailing boat in a safe and comfortable environment. Specific emphasis will be given in the correct use of steering and sail handling on all points of wind direction and strengths. All instructors are certified by the ROYAL YACHTING ASSOCIATION validated and use the RYA teaching methods.

Practical sessions in boat handling and safety will be on Saturdays. Course members should be able to swim 50m in light clothing. Buoyancy aids or Life jackets will be provided but course members should bring with them a pair of soft soled shoes (yachting or training shoes), a change of clothing, towel and some form of wind/waterproof clothing in case of inclement weather.

The course fee is £150.00 for non members and £110.00 for members, the fee covers all the instructions, use of equipment and temporary membership of the club for the duration of the course.

As the ratio of pupils to boats is limited, a first come-first served system will be used for all completed applications.

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### PLEASE DETACH AND RETURN WITH FEE

Name \_\_\_\_\_ Telephone No \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_@\_\_\_\_\_

Name, address & number to contact in case of accident \_\_\_\_\_

- I am/am not a member of Swarkestone Sailing Club
- I agree to observe Club rules
- I know of no reason why I may not engage in moderate physical activity (please describe any limitations overleaf)

Signed \_\_\_\_\_

Date \_\_\_\_\_

Enclosed fee of £150.00 (non-members) £110.00 members of Swarkestone Sailing Club

Cheques made payable to :- **Swarkestone Sailing Club (Training)**

**Please send to** :- Mrs. Cynthia. A. Harness, 13 Cherry Tree Close, Hilton, Derbyshire, DE65 5FD